#### A PERFECT GIFT

A special gift for someone or for yourself might be a massage with Jenn, our board certified Massage Therapist. She is also certified in pediatric massage. As the mother of an active 4 year old boy, she knows the value of massage for kids. It might be a great gift for your youngster! Call the office and ask to speak with Jenn.

# **COUNSELING**

Our professionally trained, compassionate counselors Paula and Judy are here to help you talk through and work through whatever issues are bothering you. Give the office a call to book an appointment or at least briefly chat with one of them to see if counseling might be right for you.

# LABORATORY SERVICES

We are now using Boston Clinical for our laboratory service because of their pricing, availability and customer service. If you are not sure if they participate with your insurance, you can reach Boston Clinical at (781) 893-1995, or speak with your insurance provider directly.

# HEALING SERVICES—PRAYING WITH YOU

Our services are gentle services of Christian worship led by New Creation staff members and people from area churches. Let us pray with you for your concerns and needs. 4 p.m. the second Saturday of each month. Upcoming: Sept. 9, Oct. 14, Nov. 11. The service lasts for about 45 minutes All services held in The Meeting House next door.

### IMPORTANT INSURANCE REFERRAL INFORMATION

We regularly receive referral requests while you are at your specialist's appointment or even afterwards. Because we receive so many referral requests and staff are busy with the patients in our New Creation office, we cannot always get to you the day you call. Often this causes a problem for you. Sometimes referrals cannot be backdated and you may wind up having to pay a large medical bill.

Please make sure when you make an appointment with your specialist you give us 5 days advance notice. This allows us enough time to process the referral request. If you are not sure your insurance company requires a referral, call the toll free telephone number on the back of your insurance card to make sure the specialist accepts your insurance. If you have a PPO plan, you never need to obtain a referral, but make sure they are "in network" otherwise you may pay more.

# **GOT EMPTY INK or TONER CARTRIDGES?**

We'll take 'em! We turn them in for rewards to help our expenses.



# The Leaflet



# 2017—Issue 7

### SATURDAY OFFICE HOURS AND SICK CALL

- \*September 16, Full Saturday hours 10 a.m. to 4 p.m.
- \*September 2, 9, 23 and 30, Sick Call only 10 a.m. to noon.

# TWO SPECIAL EVENING PROGRAMS THIS FALL:

- "DEPRESSION: Hope for Healing," six Wednesday evenings, September 13 to October 18, 7:00 to 8:30 p.m. Several members of the New Creation Healing Center staff teach about depression and what we can do about it. The cost is a flat \$10, whether you attend one, some or all six sessions. We ask you register ahead of time so we can set up the Meeting House accordingly. Pick up a registration brochure at the front desk or download from our website. Preregistration is helpful to our planning but not required.
- "HAVING HOPE: Overcoming Anxiety," five Thursday evenings, September 21 to October 19, 6:00 to 7:30 p.m. New Creation staffer Kristen Smith has offered this program twice before and got rave reviews. Anxiety, panic attacks, negative thinking are bad enough in and of themselves, but worse they often lead us to things much worse. Come and learn helpful, practical "doable" steps. The cost is a flat \$10, whether you attend one, some or all five sessions. We ask you register ahead of time. Pick up a registration brochure at the front desk. Or download from our website.

# CLEAN UP DAY — SATURDAY, SEPTEMBER 30, 9 a.m. to noon

We could use your help in getting the grounds ready for winter. There'll be something for everyone to do including older children. Beverages will be provided. Wear old / work / garden clothes. If you have any questions talk to Dr. Mary.



CREATION

# New Creation Healing Center, 80 Route 125, Kingston, NH

Available Services: Family Medicine, Massage Therapy, Counseling and Prayer Ministry. Call us at (603) 642-6700. www.newcreationhc.org

New Creation Healing Center is an interdenominational ministry promoting wholeness in Christ through the practice of Medicine, Massage, Christian counseling, teaching and prayer.